

January 2024 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 No School	2 Cheese Quesadilla Tomato Soup Salad Bar Fruit or Juice	3 Pasta w/Sauce & Meatballs Pasta w/Sauce & Cheese Salad Bar Fruit or Juice	4 Bagel w/Cream Cheese Or Peanut Butter Cheese Stick Fruit or Juice	5 Pepperoni Pizza Cheese Pizza Salad Bar Fruit or Juice
8 Nachos w/Beef Nachos w/Black Beans Salad Bar Fruit or Juice	9 Pancakes w/Sausage Pancakes w/Cheese Stick Salad Bar Fruit or Juice	10 Hot Dog & Beans Veggie Dog & Beans Salad Bar Fruit or Juice	11 Sausage, Egg & Cheese Sandwich Egg & Cheese Sandwich Salad Bar Fruit or Juice	12 Pepperoni Pizza Cheese Pizza Salad Bar Fruit or Juice
15 No School	16 Waffles w/Sausage Waffles w/Cheese Stick Salad Bar Fruit or Juice	17 Cheese Burger w/Fries Veggie Burger w/Fries Salad Bar Fruit or Juice	18 Beef Burrito w/Rice Bean Burrito w/Rice Salad Bar Fruit or Juice	19 Pepperoni Pizza Cheese Pizza Salad Bar Fruit or Juice
22 Chili w/Rice Veggie Chii w/Rice Salad Bar Fruit or Juice	23 Grilled Turkey & Cheese Sandwich or Grilled Cheese Sandwich Tomato Soup Salad Bar Fruit or Juice	24 Beef Tacos Bean Tacos Salad Bar Fruit or Juice	25 Chicken Nuggets w/Fries Veggie Nuggets w/Fries Salad Bar Fruit or Juice	26 Pepperoni Pizza Cheese Pizza Salad Bar Fruit or Juice
29 French Bread Pizza: Pepperoni Cheese Salad Bar Fruit or Juice	30 Chicken Quesadilla Cheese Quesadilla Tator Tots Salad Bar Fruit or Juice	31 Chicken Patty Sandwich Veggie Patty Sandwich Tator Tots Salad Bar Fruit or Juice	<u>Daily Salad Bar Items:</u> Romaine Lettuce Baby Carrots Cucumber Garbanzo Beans Cherry Tomato	<u>Daily Alternative Meals:</u> - Chef Salad w/ Deli Turkey, Cheese & Egg & Whole Grain Wrap - PB & J Sandwich - Tuna Salad Sandwich - Grilled Cheese Sandwich

Key: H=Hot Lunch VH=Vegetarian Hot Lunch. All lunches come with salad bar, fruit and a choice of 2 milk varieties. Chef Salad, PB&J and Tuna Salad Sandwich are available as lunch substitutions. This institution adheres to Massachusetts state guidelines for choking hazards. Grains are whole unless specified. Please let us know if anyone attending meal service has a food allergy. Substitutions may occur without notice. *This institution is an equal opportunity provider.*